

Penny Walters became a food justice activist through our Food Power programme, drawing on her own experiences of food poverty

**They nurture, they help,**

**they see the possibilities in you**

**and look at you and say,**

**“You’ve got this story to tell.”**

**So I tell my story**

**and reduce the stigma of poverty**



Church Action  
on Poverty

# Dignity, agency and power

Loosening the grip of poverty in the UK

[www.church-poverty.org.uk](http://www.church-poverty.org.uk)

Registered Charity number 1079986