

We supported Jayne to set up a
Self-Reliant Group and be part of
a Poverty Truth Commission

Church Action on Poverty boosted my

confidence. I suffer from depression but now

I have hope that I can make positive changes

in my life, and support others to do the same



Church Action
on Poverty

Dignity, agency and power

Loosening the grip of poverty in the UK

www.church-poverty.org.uk

Registered Charity number 1079986