

**When finances were bleak**

**and I felt isolated,**

**Church Action on Poverty**

**made my voice heard**

**and showed me I wasn't alone**

A six-month benefit sanction left  
Letitia's daughter without money for food



Church Action  
on Poverty

**Dignity, agency and power**

Loosening the grip of poverty in the UK

[www.church-poverty.org.uk](http://www.church-poverty.org.uk)

Registered Charity number 1079986