

# How does this sound?

- A group of friends who support each other, and meet regularly.
- A group that is independent of funders and doesn't have to tick anyone else's boxes. It makes its own decisions.
- A group that shares skills and learns together.
- A group that saves together (small, manageable amounts like £1 per week) and has the potential to become a business.









# The journey to self-reliance

# ONE

A small group of 4–10 people gets together and agrees to meet regularly.

# THREE

They share skills, learn from each other, and make decisions together.

## TWO

They agree to save a small amount (e.g. £1) each week.

## FOUR

They grow in confidence, support each other, and share the leadership so everyone gets a chance. SIX

They do not apply for grants. They are SELF-RELIANT!



# SEVEN

The group works together for the benefit of themselves and their community.

# FIVE

Using their own ideas and their savings, they can create an enterprise or business.

# EIGHT

A group that is patient, dedicated and determined =

PROFIT AND SUCCESS

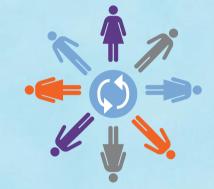
Happy, confident, capable people!

# **Discover** what's on offer

# Help to get started

We can meet you to discuss your ideas, hopes and dreams – and the best way to get started.

The groups will run and grow themselves, but we will walk with you on the journey while you need us.



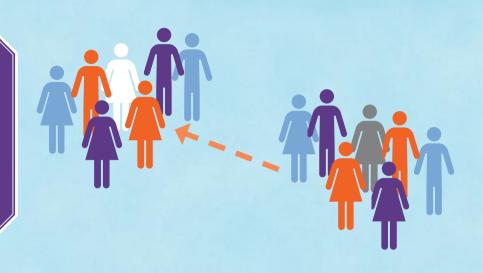


# Sharing and signposting

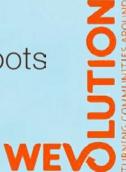
We will provide a central point of reference for good ideas, learning and help with common questions raised by groups. We will be a sounding board for your ideas, your worries and any barriers you face. A problem shared is a problem halved.

### Links with other SRGs

We will include you in our network of Self-Reliant Groups, so that you can become part of the SRG movement, make contacts, share experiences, and encourage one another.







### Be inspired by other groups

We work closely with **WEvolution**, a Scottish charity which has pioneered SRGs in the UK. Visit www.wevolution.org.uk to see how SRGs have taken off in Scotland and be inspired by their videos and stories.

We also work closely with **Purple Shoots**, a Welsh charity which sets up SRGs in the same way. www.purpleshoots.org



Jayne Gosnall is part of a Self-Reliant Group in Salford

# SRGs give us the chance to save,

learn and grow together ...

at our own pace ... in our own way.

In short, SRGs equal freedom

# Get in touch

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