

**We supported Jayne to set up a
Self-Reliant Group and be part
of a Poverty Truth Commission**

Church Action on Poverty boosted my

confidence. I suffer from depression but now

I have hope that I can make positive changes

in my life, and support others to do the same



**Church Action
on Poverty**

**give, act and pray
to loosen the grip of poverty in the UK
www.church-poverty.org.uk**

Registered Charity number 1079986