



Sustainable livelihoods

A voice to people in poverty

Mobilising churches

In 1999, thousands of people supported CAP's Pilgrimage Against Poverty as it travelled the length of the country, from Iona to London. 10 years on, join the pilgrimage again.

Saturday 17 October 2009

Is the UN Day for the Eradication of Poverty and there will be pilgrimage walks in many cities. They will raise awareness and funds for the vital work done by CAP and by local projects.

MARCAP in partnership with StreetFaith are encouraging people to walk about Liverpool One and the City Centre on Saturday afternoon looking and listening to the rhythms of poverty and exclusion alongside the images and sounds of affluence. We can stop at various points on our walk to reflect and pray for different aspects of poverty in our city.

Meet at Liverpool Central Station at 2 p.m. to walk together, or simply use the resources overleaf as you walk around Liverpool One or Church Street, then assemble together at 3.00 p.m. at St. Luke in the City (the bombed out church) for a short reflection.

For further information contact : Sharon Deverdie on 0151 261 2036 or sdeverdie@nugentcare.org

More information and resources available from www.church-poverty.org.uk

MERSEYSIDE AND REGION CHURCH ACTION ON POVERTY invite you to **make Saturday shopping different:**

BECOME A PILGRIM AGAINST POVERTY

We hope that veterans of the 1999 Pilgrimage will take part, together with plenty of new Pilgrims Against Poverty.



PILGRIMAGE AGAINST POVERTY 2009

‘Stations’ on the pilgrimage

Stations are places to stop, wait, and pray. There is a powerful tradition of 'stations of the cross', whereby you can, as it were, travel the road which Jesus travelled on his way to the cross, by stopping, waiting, and praying at 14 points along his journey, each point being marked by a particular incident, which is recalled, reflected and prayed upon. But they can also be a very good way of bringing prayer into everyday life. For the pilgrimage, use 'stations' along your route round your local area or central Liverpool. Here are some suggestions (which you will need to select and adapt to your route) of who/what to pray for:

- **A food shop** – for those who go hungry or can't afford healthy food, for those who live by scavenging
- **A pub** – for those who can't afford a night out, or who are trapped by alcohol or drugs
- **The town hall** – for those who make decisions which affect the poor disproportionately
- **NHS Direct or Health Centre** – for the reduced life expectancy of people living in poverty
- **The road** – for all those who are homeless or living in unsuitable accommodation
- **The gutter** – for those who are invisible: the vagrants, the asylum-seekers, the migrant workers
- **An office or workplace** – for all the unemployed, everyone on short time, or in low-paid jobs
- **A station or bus shelter** – for all those whose lack of mobility prevents them from getting jobs or participating in the community
- **A bank or ATM** – for those struggling with debt, or in fear of losing their home
- **Anywhere in Liverpool One** – for those who can only look and dream, for the depression, alienation and despair that this can cause
- **Seel Street or any hostel** – for all those sleeping rough, or in unsuitable accommodation
- Any place of particular **historical or cultural significance** for those excluded from full participation in society, who feel powerless and devalued because of economic injustice.

These ideas are inspired by Simon Bailey's little book *Stations – places for pilgrims to pray* (Cairns Publications).